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Test: Chapter 03

Community Health

Nursing: A

Canadian

Perspective, Third

Canadian Edition

1. **Contrast three of the practice settings of community health nurses (CHNs) in terms of role focus and unique characteristics of nursing practice. Give an example for each practice setting of where the CHN might work.**
2. **Discuss the role of two professional nursing associations as they relate to community health nurses (CHNs).**
3. **What level of prevention is evident in screening school children's vision and hearing?**
 - a. Secondary
 - b. Health promotion
 - c. Primary
 - d. Tertiary
4. **What type of health care is described in the statement, "Health care that is made universally accessible to individuals and families, through their full participation, and at a cost the community can afford"?**
 - a. Disease and injury prevention
 - b. Global health care
 - c. Primary health care
 - d. Population health promotion
5. **What activity is an example of a public health nurse (PHN) working at the level of the individual?**
 - a. Delivering palliative care in a home
 - b. Providing school health education services
 - c. Developing a web-based community resources guide
 - d. Working in a travel immunization clinic
6. **What example best illustrates an inclusive definition of a family?**
 - a. Group members related by blood or marriage
 - b. A man and a woman united in marriage
 - c. People who are living together under common law
 - d. Significant others for any given person

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7. **A nurse is working with a public coalition to lobby for water fluoridation. What macro health promotion strategy is illustrated in this example?**
- Social marketing
 - Community mobilization
 - Downstream thinking
 - Secondary prevention
8. **A community health nurse is assisting Ms. Halladay to complete a grant application to obtain funding for specialized health care equipment for her ill daughter. What community health nursing competency is evident in this scenario?**
- Understanding and utilization of ethics and culture care principles
 - Understanding scope of practice or professional expectations
 - Knowledge of community resources in order to link the client to appropriate resources
 - Knowledge of advocacy, health policy development, and the overall health system
9. **What factor has been shown to enable community health nurses to practise to their full scope?**
- Existing nurse/physician collaboration
 - Access to learning resources
 - The work environment
 - Professional development opportunities
10. **What statement best describes health promotion?**
- Does not involve care and support for chronic conditions
 - Includes the spectrum of health enhancement to disease prevention
 - The process of controlling people's health
 - The exclusive responsibility of nurses
11. **What effect has the emergence of severe acute respiratory syndrome and West Nile virus had on public health nursing (PHN)?**
- Large public health initiatives are the domain of the physician.
 - There has been no effect as PHNs are not involved in communicable disease control.
 - Public health nurses no longer do contact tracing with individual clients.
 - There has been increased involvement in emergency preparedness planning and education.

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12. **What activity by a public health nurse best illustrates group as client?**

- a. Visits a diabetic woman and her husband every day
- b. Delivers nursing care to families living in a housing complex
- c. Conducts discharge planning rounds at a local hospital
- d. Provides prenatal classes at a community centre

13. **How does the role of the nurse practitioner differ from that of a public health nurse?**

- a. Is the owner of a business that offers nursing services
- b. Provides health services within the prison system
- c. Provides specialized clinical care in the home
- d. Autonomously diagnoses and orders diagnostics

14. **What public health nursing initiative would be an example of macro health promotion?**

- a. Educate a small segment of the population about a health issue
- b. Produce effective behaviour change through health education
- c. Deliver services in isolation from other strategies
- d. Work with an entire community on a food security policy

15. **What is the primary focus of a forensic nurse's work?**

- a. Providing health care services within psychiatric institutions
- b. Caring for survivors of violence including sexual assault
- c. Consulting for ethics review boards
- d. Working at a summer camp for troubled youth

16. **What action is required if a community health nurse wants to become a primary health care nurse practitioner (PHCNP)?**

- a. Gather additional skills to be able to assist physicians
- b. Take additional nursing education with a focus on advanced clinical nursing practice
- c. Write the national nurse practitioner examination
- d. Work in the United States as this position is not available in Canada

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17. **What statement best describes the role of a faith community nurse (FCN)?**

- a. Promotes health based on a faith healing approach
- b. Belongs to a church or other religious organization
- c. Recognized by a faith community to carry out an intentional health promotion ministry
- d. Provides health care on behalf of the health department in a local religious organization

18. **What is the ultimate goal of a public health nurse's work?**

- a. Enforce the provincial Public Health Act
- b. Deliver health care to individuals and families within home and school settings
- c. Increase the health of the community by preventing disease and promoting healthy behaviours
- d. Provide specialized services to marginalized groups

19. **What is an example of a community health nurse's role in a primary prevention activity?**

- a. Doing blood pressure screening
- b. Giving an influenza immunization
- c. Completing blood glucose monitoring
- d. Assisting a client with home dialysis

20. **A community health nurse is organizing a health fair at the university. What activity is an example of secondary prevention?**

- a. Provide free condoms at the health booth
- b. Have participants complete a screening tool to determine mental health wellness
- c. Develop a handout on the adverse effects of alcohol abuse
- d. Supply a pamphlet on Canada's Food Guide with a sample meal plan

21. **What situation demonstrates that the home health nurse's relationship with the client is based on the understanding that the nurse is a "guest in the house"?**

- a. Prior to providing care the nurse washes her hands at the kitchen sink.
- b. The home visit is booked to meet the nurse's demanding work schedule.
- c. The nurse wears slippers in the client's home in observance of the client's cultural customs.
- d. The client will follow the expert advice provided by the nurse during the visit.

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22. **What is an example of a health promotion activity that a public health nurse would provide?**

- a. Giving stress reduction seminars to employees at a large corporation
- b. Symptom management support for a family in a palliative care situation
- c. Monitoring home oxygen therapy for a client awaiting a lung transplant
- d. Providing meningitis prophylaxis to a high school in an outbreak situation

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1. Public Health Nurse:

Role focus-mandated by legislation to promote and protect the health of populations. Focus is on health enhancement, health protection, and disease prevention

Unique characteristics-primarily works with a healthy population, minimal contact with unwell people, may have entire community as client

Work setting-public health unit

Home Health Nurse:

Role focus-client as individual or family; provides direct clinical care and case management

Unique characteristics-works alone, practises highly autonomously and independently, adaptable to client-controlled environment

Work setting-client home or school

Parish Nurse:

Role focus-client as individual or group; focuses on education, counseling, and referrals

Unique characteristics-integrates faith-based approach to care. U.S.-based credential available

Work setting-a United Church

Occupational Health Nurse:

Role focus-client as individual or group; provides direct care, including primary, secondary, and tertiary preventive services

Unique characteristics-addresses health, safety, and well-being for employees. May earn specialty credential from CNA COHN(C)

Work setting-a meat-packing plant

Learning Objective:

Chapter 3 Essay Questions

Feedback:

Hints:

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2. - Community Health Nursing Association of Canada (CHNAC) developed the Canadian Community Health Nursing Standards of Practice (2003).
- Canadian Nurses Association (CNA) is a national voluntary association that exists to link nurses who work in the same practice area. Will work with CHNAC to create a national certification for CHNs. All provincial associations except Quebec belong to the CNA.
- Provincial regulatory body and professional associations regulate the profession of nursing in each province. Protect the public through maintaining a nursing registry. Professionally advocate for nurses and the public to have a strong publicly funded universal health care system. Promote excellence in nursing practice.

Learning Objective:

Chapter 3 Essay Questions

Feedback:

Hints:

3. a. Secondary

Learning Objective:

Chapter 3 Multiple Choice Questions

Feedback:

Incorrect: Primary prevention is defined as reducing the risks for a potential problem.

Correct: Secondary prevention includes providing screening, early detection, and treatment.

Incorrect: Tertiary prevention activities focus on maintaining health.

Incorrect: Health promotion is the process of enabling people to increase control over and to improve their health. It is a broad definition and includes the spectrum of health enhancement, health protection, disease prevention, health restoration/recovery, and care and support.

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4. c. Primary health care

Learning Objective:

Chapter 3 Multiple Choice Questions

Feedback:

Correct: This is the definition of Primary Health Care established in 1978 at the World Health Organization (WHO) Alma Ata conference.

Incorrect: Population health promotion is about creating the conditions that support the best possible health for everyone.

Incorrect: The statement describes primary health care and not global health care.

Incorrect: Disease and injury prevention is just one aspect of the activities undertaken in primary health care.

Hints:

5. d. Working in a travel immunization clinic

Learning Objective:

Chapter 3 Multiple Choice Questions

Feedback:

Incorrect: This is an example of group as client as the PHN would be providing health care information to all the students versus the individual student.

Incorrect: Although individuals within the community may access this resource guide, the PHN is serving community as client, which compromises many subgroups and subpopulations in this initiative.

Correct: The most common practice settings for individuals as recipients of public health nursing services are clinics and occasionally homes. A travel immunization clinic is an example of where a PHN would provide health care to the individual.

Incorrect: Family as client is likely the focus of the care provided by the PHN in the home.

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6. d. Significant others for any given person

Learning Objective:

Chapter 3 Multiple Choice Questions

Feedback:

Incorrect: This is a narrow definition of family that does not include the diverse nature of families such as same-sex partnerships, single-parent families, and many other associations that are examples of family.

Incorrect: This is not an inclusive definition of family because many types of family groupings are not represented in this definition.

Correct: This is a broad definition of family that allows for diversity.

Incorrect: This definition is narrow and does not include the idea that family is any significant others for any given person.

Hints:

7. b. Community mobilization

Learning Objective:

Chapter 3 Multiple Choice Questions

Feedback:

Correct: Community mobilization is driven by the affected community, many people are involved, it is more than a single event, and it involves taking action. These elements are evident in this example.

Incorrect: This example is a health promotion strategy, whereas secondary prevention includes activities such as screening, early detection, and treatment.

Incorrect: Lobbying is not social marketing, which is a process for influencing human behaviour on a large scale, using marketing principles in an effort to promote change or modify health behaviour.

Incorrect: This is not an example of downstream thinking.

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8. c. Knowledge of community resources in order to link the client to appropriate resources

Learning Objective:

Chapter 3 Multiple Choice Questions

Feedback:

Incorrect: This example illustrates the competency of having knowledge of community resources beyond health in order to link the client to appropriate ongoing resources to support her health goals.

Correct: The nurse in this scenario is clearly knowledgeable of resources beyond health in order to promote the client's health goals.

Incorrect: Understanding scope of practice or professional expectations is the definition of a standard and not a competency.

Incorrect: This is a required core competency for a CHN, but this competency is not illustrated in the scenario.

Hints:

9. c. The work environment

Learning Objective:

Chapter 3 Multiple Choice Questions

Feedback:

Incorrect: In the 2009 study on community health nursing by Underwood, a barrier to practising to full scope was that there needs to be more professional development opportunities.

Correct: The work environment was identified as an enabler to practising to full scope.

Incorrect: Existing nurse/physician collaboration was identified as a barrier.

Incorrect: Nurses identified a lack of time, money, and access to learning resources as barriers to practising to full scope.

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10. b. Includes the spectrum of health enhancement to disease prevention

Learning Objective:

Chapter 3 Multiple Choice Questions

Feedback:

Incorrect: This statement does not capture the principles of health promotion, which is a process of enabling people to increase control over and to improve their health.

Incorrect: Health promotion activities do include chronic conditions.

Correct: The World Health Organization (WHO) has a broad definition for health promotion that includes the spectrum of health enhancement, health protection, and disease prevention.

Incorrect: Health promotion activities empower the client to be an active participant and may include other health professionals.

Hints:

11. d. There has been increased involvement in emergency preparedness planning and education.

Learning Objective:

Chapter 3 Multiple Choice Questions

Feedback:

Correct: PHNs now take part in emergency preparedness planning and education.

Incorrect: This is incorrect because PHNs are involved in communicable disease control.

Incorrect: Contact tracing is a role of the public health nurse.

Incorrect: Public health nurses have an integral role in large public health initiatives, as do other health professionals.

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12. d. Provides prenatal classes at a community centre

Learning Objective:

Chapter 3 Multiple Choice Questions

Feedback:

Correct: This is an example of group as client where the health education is relevant to a small subset of the population.

Incorrect: This is an example of family as client.

Incorrect: This is another example of family as client.

Incorrect: This example could be either individual as client or family as client.

Hints:

13. d. Autonomously diagnoses and orders diagnostics

Learning Objective:

Chapter 3 Multiple Choice Questions

Feedback:

Incorrect: This is the role of a home health nurse.

Incorrect: This describes the role of the nurse entrepreneur.

Incorrect: A nurse working in the prison system is a forensic nurse.

Correct: This is a unique function of the nurse practitioner.

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14. d. Work with an entire community on a food security policy

Learning Objective:

Chapter 3 Multiple Choice Questions

Feedback:

Incorrect: This is an example of population as client but is not macro level health promotion.

Correct: This is macro health promotion.

Incorrect: This is not a broad community-based approach to health care and delivery of services.

Incorrect: This initiative is vague and does not specify if the behaviour change is aimed at the individual, population, or community.

Hints:

15. b. Caring for survivors of violence including sexual assault

Learning Objective:

Chapter 3 Multiple Choice Questions

Feedback:

Incorrect: This is the role of the mental health nurse.

Correct: Forensic nurses provide care to victims of crime including sexual assault.

Incorrect: This is not the role of a forensic nurse.

Incorrect: This describes the work of a nurse ethicist.

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16. b. Take additional nursing education with a focus on advanced clinical nursing practice

Learning Objective:

Chapter 3 Multiple Choice Questions

Feedback:

Correct: To become a PHCNP a registered nurse is required to complete additional education, often at the graduate level.

Incorrect: PHCNPs are autonomous in their practice and collaborate with other health care professionals. The additional skills required to function in this role means the nurse must enroll in a nurse practitioner educational program.

Incorrect: There are many opportunities for PHCNPs to work in Canada.

Incorrect: Only after a registered nurse completes a recognized NP education program will the nurse be eligible to write the national examination.

Hints:

17. c. Recognized by a faith community to carry out an intentional health promotion ministry

Learning Objective:

Chapter 3 Multiple Choice Questions

Feedback:

Incorrect: It is not a requirement for the FCN to belong to a church or religious organization in order to provide faith-based health care.

Incorrect: Faith healing is not the same as a registered nurse integrating faith and health in practice.

Incorrect: This does not accurately describe the role of an FCN.

Correct: An FCN is a registered nurse who integrates faith and health into practice.

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18. c. Increase the health of the community by preventing disease and promoting healthy behaviours

Learning Objective:

Chapter 3 Multiple Choice Questions

Feedback:

Incorrect: This is not the role of the public health nurse.

Correct: This is the goal of public health nursing.

Incorrect: This describes the work of a home health nurse.

Incorrect: Although a public health nurse (PHN) will work with marginalized groups, the PHN assumes a generalist role.

Hints:

19. b. Giving an influenza immunization

Learning Objective:

Chapter 3 Multiple Choice Questions

Feedback:

Incorrect: This is an example of a secondary prevention activity.

Incorrect: Maintaining client health is an example of a tertiary-level prevention.

Incorrect: This is a screening activity, which is secondary prevention.

Correct: Providing an immunization is a primary prevention activity that reduces the risk for a potential health problem.

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20. b. Have participants complete a screening tool to determine mental health wellness

Learning Objective:

Chapter 3 Multiple Choice Questions

Feedback:

Incorrect: This is a primary prevention activity.

Correct: Secondary prevention focuses on early detection of disease or conditions in a particular population.

Screening tests are an effective method of achieving this goal.

Incorrect: A handout on alcohol abuse is aimed at preventing or reducing disease/injury from occurring, which is a primary prevention activity.

Incorrect: Providing information on a well-balanced diet is an example of an educational strategy, which is a primary prevention activity.

Hints:

21. c. The nurse wears slippers in the client's home in observance of the client's cultural customs.

Learning Objective:

Chapter 3 Multiple Choice Questions

Feedback:

Correct: This demonstrates respect for the client's cultural customs and shows that care is adapted and mutually agreed upon according to the client's environment and direction.

Incorrect: Adhering to expected standards of practice does not demonstrate the idea that the nurse is a "guest in the house."

Incorrect: This example is based on the nurse's needs and not the client's needs.

Incorrect: This does not demonstrate the concept that the nurse is a "guest in the house" and that care is adapted and mutually agreed upon according to the client's environment and direction.

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22. d. Providing meningitis prophylaxis to a high school in an outbreak situation

Learning Objective:

Chapter 3 Multiple Choice Questions

Feedback:

Incorrect: This is the domain of a home health nurse and not a public health nurse.

Correct: This is a typical role of the public health nurse ensuring the health of the school community during an outbreak.

Incorrect: A home health nurse would provide this service.

Incorrect: An occupational health nurse works in this capacity.

Hints: