

Chapter 1: Transcultural Diversity and Health Care

Multiple Choice

Identify the choice that best completes the statement or answers the question.

- ____ 1. According to the 2010 U.S. Census Bureau, approximately 72.4 percent of the population reported their race as white. The second most commonly reported race is
 - 1. Black.
 - 2. Hispanic.
 - 3. American Indian/Alaskan Native.
 - 4. Asian.

- ____ 2. Of the Hispanic population in the United States, the largest percentage self identify as
 - 1. Puerto Rican.
 - 2. Cuban.
 - 3. Mexican.
 - 4. Central American.

- ____ 3. In distinguishing a stereotype from a generalization, a generalization is a(an)
 - 1. Starting point.
 - 2. End point.
 - 3. Minor variation of stereotype.
 - 4. Major variation of stereotype.

- ____ 4. Mr. James, a nutritionist at McDowell Memorial Medical Center, gave the U.S. Department of Agriculture Dominant American food pyramid to a traditional Guatemalan migrant worker. This is an example of
 - 1. Cultural imposition.
 - 2. Cultural imperialism.
 - 3. Cultural relativism.
 - 4. Cultural sensitivity.

- ____ 5. Worldview is best described as
 - 1. An explanation for disease etiology.
 - 2. The one who exercises the most power within a group.
 - 3. Careful consideration of future implications when making a decision.
 - 4. An understanding of how human experiences fit into a bigger picture.

- ____ 6. Cultural sensitivity is
 - 1. Using politically correct language.
 - 2. Having an appreciation of cultural arts and dress.
 - 3. Knowing aggregate data about a cultural group.
 - 4. Knowing specific cultural attributes about a group.

- ____ 7. Cultural imposition is defined as
 - 1. Applying the majority views and practices to minority groups.
 - 2. The practice of extending the policies and practices of one group (usually the dominant one) to disenfranchised and minority groups.
 - 3. The belief that the behaviors and practices of people should be judged only from the context of their cultural system.
 - 4. Not saying things that may be seen as derogatory about another group—that is, using politically correct, neutral language.

- _____ 8. Ethnocentrism is
 - 1. Being aware of the ethnicity of your patients.
 - 2. Believing that your nursing practices and values are superior to others' practices and values.
 - 3. The belief that the behaviors and practices of people should be judged only from the context of their cultural system.
 - 4. Learning aggregate data of cultural groups to whom they provide care.

- _____ 9. A hallmark of individualistic cultures is
 - 1. Self-expression.
 - 2. Teamwork.
 - 3. High-context communication.
 - 4. Expectations of loyalty.

- _____ 10. One culture that encourages self-expression is
 - 1. Filipino.
 - 2. Thai.
 - 3. European American.
 - 4. Somali.

Chapter 1: Transcultural Diversity and Health Care

Answer Section

MULTIPLE CHOICE

1. ANS: 2

| | Feedback |
|---|---|
| 1 | Incorrect: 12.1 percent of the U.S. population is black. |
| 2 | Correct: 12.6 percent of the U.S. population is Hispanic/Latino. |
| 3 | Incorrect: 0.9 percent of the U.S. population is American Indian or Alaskan Native. |
| 4 | Incorrect: Only 4.8 percent of the U.S. population is Asian. |

PTS: 1

2. ANS: 3

| | Feedback |
|---|---|
| 1 | Incorrect. Of the Hispanic population in the United States, the majority are Mexican. |
| 2 | Incorrect. Of the Hispanic population in the United States, the majority are Mexican. |
| 3 | Correct. Of the Hispanic population in the United States, the majority are Mexican. |
| 4 | Incorrect. Of the Hispanic population in the United States, the majority are Mexican. |

PTS: 1

3. ANS: 1

| | Feedback |
|---|--|
| 1 | Correct. A generalization is a starting point, not an endpoint. |
| 2 | Incorrect. A generalization is a starting point, not an endpoint. |
| 3 | Incorrect. A generalization is not a major or minor variation of stereotype. |
| 4 | Incorrect. A generalization is not a major or minor variation of stereotype. |

PTS: 1

4. ANS: 1

| | Feedback |
|---|---|
| 1 | Correct. Cultural imposition is applying the majority views and practices to minority groups. |
| 2 | Incorrect. Cultural imperialism is the practice of extending the policies and practices of one group (usually the dominant one) to disenfranchised and minority groups. |
| 3 | Incorrect. Cultural relativism is the belief that the behaviors and practices of people should be judged only from the context of their cultural system. |
| 4 | Incorrect. Cultural sensitivity is not saying things that may be seen as derogatory about another group—that is, using politically correct, neutral language. |

PTS: 1

5. ANS: 4

| | Feedback |
|--|----------|
|--|----------|

| | |
|---|--|
| 1 | Incorrect. This may be part of worldview, but it is not the best definition. The definition is not complete. |
| 2 | Incorrect. This may be part of worldview, but it is not the best definition. The definition is not complete. |
| 3 | Incorrect. This may be part of worldview, but it is not the best definition. The definition is not complete. |
| 4 | Correct. Worldview is best described as an understanding of how human experiences fit into a bigger picture. |

PTS: 1

6. ANS: 1

| | Feedback |
|---|--|
| 1 | Correct. Using politically correct language is a cultural sensitivity. |
| 2 | Incorrect. Cultural awareness is an appreciation of cultural arts and dress. |
| 3 | Incorrect. Knowing aggregate data about a cultural group is a step toward cultural competence. |
| 4 | Incorrect. Knowing specific cultural attributes about a cultural group is a step toward cultural competence. |

PTS: 1

7. ANS: 3

| | Feedback |
|---|---|
| 1 | Incorrect. Cultural relativism is the belief that the behaviors and practices of people should be judged only from the context of their cultural system. |
| 2 | Incorrect. Cultural imperialism is the practice of extending the policies and practices of one group (usually the dominant one) to disenfranchised and minority groups. |
| 3 | Correct. Cultural imposition is applying the majority views and practices to minority groups. |
| 4 | Incorrect. Cultural sensitivity is not saying things that may be seen as derogatory about another group—that is, using politically correct, neutral language. |

PTS: 1

8. ANS: 2

| | Feedback |
|---|--|
| 1 | Incorrect. Being aware of the ethnicity of your patients is not ethnocentrism. |
| 2 | Correct. Believing that your nursing practices and values are superior to others' practices and values is ethnocentrism. |
| 3 | Incorrect. The belief that the behaviors and practices of people should be judged only from the context of their cultural system is cultural relativism. |
| 4 | Incorrect. Learning aggregate data of cultural groups to whom they provide care is a step of cultural competence. |

PTS: 1

9. ANS: 1

| | Feedback |
|--|----------|
|--|----------|

| | |
|---|---|
| 1 | Correct. A hallmark of individualistic cultures is self-expression. |
| 2 | Incorrect. Teamwork is a hallmark of collectivistic cultures. |
| 3 | Incorrect. High-context communication is a hallmark of collectivistic cultures. |
| 4 | Incorrect. The expectation of loyalty is a hallmark of collectivistic cultures. |

PTS: 1

10. ANS: 3

| | Feedback |
|---|---|
| 1 | Incorrect. Filipino culture is collectivistic and does not encourage self-expression. |
| 2 | Incorrect. The Thai culture is collectivistic and does not encourage self-expression. |
| 3 | Correct. The European American culture is individualistic and encourages self-expression. |
| 4 | Incorrect. The Somali culture is collectivistic and does not encourage self-expression. |

PTS: 1