

Exam

Name _____

MULTIPLE CHOICE. Choose the one alternative that best completes the statement or answers the question.

- 1) Cassoulet is a braised dish containing a variety of meats and beans that was inspired by which of the following influences?
 - A) Roman invasion in 125 BC
 - B) Moorish invasion in 720 AD
 - C) Catherine de' Medici marrying the prince of France in 1533 AD
 - D) Germanic invasion near 500 AD
- 2) Which event in 1798 forced many French chefs to leave their aristocratic employers and find jobs in the newly created restaurant industry?
 - A) The battle at Waterloo
 - B) A bankrupt society
 - C) Fall of Napoleon
 - D) French revolution
- 3) Which famous French chef is given credit for the 1900 culinary movement represented by lighter, more naturally prepared dishes known as nouvelle cuisines?
 - A) Antoine Carême
 - B) Ferdinand Point
 - C) Guillaume Tirel
 - D) Auguste Escoffier
- 4) Which two countries are separated from France by the Alps?
 - A) Luxembourg and Belgium
 - B) Germany and Belgium
 - C) Switzerland and Italy
 - D) Spain and Portugal
- 5) Normandy is bordered by the English Channel. This provides a good source of which of the following proteins?
 - A) Dried beans and legumes
 - B) Tofu and nori
 - C) Lamb and mutton
 - D) Fish and shellfish
- 6) Thanks to a large dairy industry, what type of fats are preferred in the Normandy region of France?
 - A) Olive oil
 - B) Salt pork
 - C) Lard
 - D) Butter
- 7) What fruit is used to produce the famous brandy from Normandy known as calvados?
 - A) Cherries
 - B) Apples
 - C) Grapes
 - D) Pears
- 8) What type of shellfish grows exceptionally well off the waters of Brittany in northwestern France?
 - A) Crabs

- B) Crayfish
 - C) Oysters
 - D) Lobsters
- 9) The French dish called choucroute, which contains sauerkraut, sausages, meats and boiled potatoes, was influenced by which group of people?
- A) Roman
 - B) Spanish
 - C) German
 - D) Moorish
- 10) What is the name of the Swiss Style French cheese from the lands surrounding the Jura Mountains?
- A) Reblochon
 - B) Brie
 - C) Gruyère
 - D) Munster
- 11) From which French region do the two famous braised dishes, boeuf bourguignon and coq au vin, originate?
- A) Normandy
 - B) Ile de France
 - C) Brittany
 - D) Burgundy
- 12) What type of protein is slow cooked in butter and garlic producing the famous French dish known as escargot?
- A) Snails
 - B) Rabbit
 - C) Octopus
 - D) Pigeon
- 13) What type of fat is preferred by cooks and chefs in the Provence region, along the Mediterranean Sea?
- A) Olive oil
 - B) Butter
 - C) Lard
 - D) Rendered chicken fat
- 14) In what way did Catherine de' Medici contribute to the cuisine of France?
- A) Her thirst for good wines opened thousands of vineyards across the country.
 - B) She brought her Italian chefs with her when she married the prince of France.
 - C) She invented haute cuisine.
 - D) She promoted one pot cooking in the castle.
- 15) Although Marie-Antoine Carême has been called the father of classical French cooking, what were his two earlier professions?
- A) Politician and lawyer
 - B) Brick layer and plumber
 - C) Tailor and shoe maker
 - D) Architect and pastry chef

TRUE/FALSE. Write 'T' if the statement is true and 'F' if the statement is false.

- 16) The dessert, "Charlotte Russe" was invented by Marie-Antoine Carême by surrounding a mold of Bavarian cream with ladyfingers.

- 17) George Auguste Escoffier was a great French chef who modernized classical French cuisine and improved the organization of the professional kitchen.
- 18) Escoffier preferred the older traditions of serving all foods at one time; that way each guest could share among the many plates.
- 19) In southern France, bouillabaisse is made from lamb, chicken and sausage in the same pot, thanks to Moorish influences.
- 20) With an abundance of dairy types, growing seasons and climate, France produces over 500 varieties of cheese, including the world famous Gruyère and Roquefort cheeses.

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- 1) B
- 2) D
- 3) B
- 4) C
- 5) D
- 6) D
- 7) B
- 8) C
- 9) C
- 10) C
- 11) D
- 12) A
- 13) A
- 14) B
- 15) D
- 16) TRUE
- 17) TRUE
- 18) FALSE
- 19) FALSE
- 20) TRUE